

ASPIRE CONNECT UNITE

What would it mean to you to be really connected to your highest wisdom?

Recent months I have the privilege of working with people who aspire to have a better life. How long have you aspired, hoped dreamed and wished that miraculously life would be different?

These are individuals just like you and me, taking their place in society, financially supporting their family, yet deep within feel lost, wandering without a greater purpose, without a defined reason to be.

As personal and professional lives responded to demands and busyness, many found themselves disconnected, depleted, burnt out, tired, under weight, overweight, lacking money, money but no time, relationship difficulties, lonely...

If you relate to this experience carried by many of my first time clients then, like them it is time to lift your vision to higher sights, build yourself beyond its former limits. Connect to your higher wisdom and become your own leader.

An effective leader is not someone who attracts attention to himself or herself but who is seen as the quintessence of something important – something that is oriented towards issues that touch us all.

If you want to make a difference become a leader in your own life, how?

- Connect to your wisdom and spiritual purpose.
- Learn from the people who are being and doing what you desire to do and be!

Let me help you.

At a young age I created a spiritual life purpose statement – I already had a vision of what I would do in my life but there was a void. I had an understanding that spirituality, personal and professional achievement, are inextricably interlinked.

A spiritual statement calls for wisdom, passion, connectedness, unity, leadership.

Not just any **leader**, but a **leader** who makes a difference.

Leaders who influence rather than demand tend to be more successful.

An example is parenting, parents who kindly and consistently influence rather than demand have better life-time rapport.

Let me help you begin. Three simple steps...

- Create your spiritual statement
- Write it down
- Create a vision board

Creating your spiritual statement takes courage.

Writing it down makes it a commitment.

Creating a vision board brings clarity.

Every choice you make either brings you closer to, or further from your spiritual wisdom values!

When you have clarity, each life decision evolves from your spiritual wisdom connectedness.

Deep within you'll have a knowingness that you are on track!

You may not see the individual steps clearly but you will have an inner knowing that you can trust the journey process.

Are you on track yet?

HELPING PEOPLE THROUGH TIMES OF CHANGE - committed, passionate, inspirational and positive.

© **Sylvia Marina** is a Spiritual Educator and Professional Intuitive. She specialises in helping people heal their body, emotional struggles, blocks, and fears. She has developed a series of programs to enhance Intuitive Awareness. An experienced teacher and personal development mentor, her natural

abilities are supported by her professional background in health and behavioural sciences and thirty year career as a professional kinesiology teacher and practitioner. Living in Perth, West Australia she runs her own private practice and mentor program and travels nationally and internationally to speak at events, presents 'life change' programs enabling people to empower and transform their lives.

Tel: +618 (08) 9457 3763 | E: info@sylviamarina.com | www.sylviamarina.com

The contents of this article may be copied, reproduced or freely distributed without the consent of the author provided the author's name, copyright notice and contact information are included.