

## **THE BEGINNING HOLDS THE SEED** *written by Sylvia Marina ©*

The beginning holds the seed of all that is to follow!

From the innocence of attending a training seminar nearly thirty years ago, new pathways, and many new beginnings evolved. The plain and bluntly spoken speaker of the day pushed us to put into writing our goal and dream of the future.

I was a reluctant participant!

You see, my problem was never what to do with my life, I knew my life mission therefore, it seemed futile and limiting to imprison my life purpose in words. Others in the class were busily writing and I didn't wish to appear ungrateful to the person who had invited me to the event! Unwillingly, (my negative body posture declared my attitude) I searched for words to convey what I needed to express.

I wrote:

"To travel the world teaching people to care for their own soul and the body that it's cradled in".

What did it really mean?

Recently I accepted an invitation from the Russian Federation in Moscow to present three four day wellness seminars. As I entered the aircraft that would take me on my mission to Russia, the sculptured words of so long ago reverberated from the chambers of my heart where I had stored them in the conscious awareness that when the invitation came to blaze a trail, I would be ready and prepared.

Like most, I've grasped many opportunities and experienced multiple 'new beginnings'.

*"The beginning is the most important part of any work, especially in the case of a young and tender thing; for that is the time at which the character is being formed and the desired impression is more readily taken." ~ Plato*

From birth I was raised under the social welfare scheme and it seemed that harsh beginning set the stage for an adult life of yearning, yearning to understand myself and educate myself to the highest appropriate degree. A natural progression of my life was to be an educator.

*Ralph Waldo Emerson, is purported to have said, "Let enthusiasm radiate in your voice, your actions, your facial expressions, your personality, the words you use, and the thoughts you think!"*

I learnt quickly to discard the bad habit of a stubborn mind, this behaviour had the potential to cripple my future. With new awareness, new beginnings were forged. Another season of life began, a season of growth and prosperity. New awareness and wisdom!

It was winter and as I travelled through ice and snow and the bitter cold of Siberia I was reminded of my childhood in the south of New Zealand where during winter tiny bulbs would lie frozen in the ground and with the miracle of spring would bring a transformation of majestic beauty on the earth. And so it is with each of us.

*There will come a time when you believe everything is finished.  
That will be the beginning. ~ Louis L'Amour*

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