

RESET YOUR COMPASS!

David's voice seemed very distant as he called me back from walking too far on the frozen Arctic Sea. We both knew that falling in could mean a possible 'cardiac arrest' but my adventurous spirit wanted to explore further and then, I paused...from all that had gone before and now this moment, my souls compass reset ... I returned to the arms of this life's-journey partner, we hugged, I'd done it! I left my footprints in the Arctic

It was one of those lovely, fine days, temperatures below freezing point, blue skies, I thanked the universe, God, or whatever, for just being alive.

Have you experienced wanting to 'test the waters'? In career, business, relationships or the journey through life but you decide to take the safe perhaps easy pathway instead? I have always been of the 'knowing' that if we listen and observe the land, the laws of nature we will know what to do, how to do it and what it is that we are supposed to be doing whilst experiencing this incarnation.

Just a few days ago my husband David & I were in the Arctic walking on the Arctic Ocean. Not far ahead of us we could see where the solid ice was crumbling at the edge creating mini ice-bergs, only a few feet of solid water separated us from a foreboding grave or in other words, a challenging situation that the human body may or may not endure.

My life in Australia and New Zealand seemed bizarre and far away. Like many, I've experience times of deprivation and isolation. Here we had been travelling through desolate places where people exist in harsh foreboding conditions and yet the First Nations people and people who live and learn with them, survive! They having understanding, knowledge and power, they know how to listen to the land, observe nature and know what to do and how to live. It was a privilege to be in the presence of the elders and the next generation that they had passed their understanding and knowledge. It was in these conversations and observances of the stark reality that everything has a time and a season. In these harsh conditions and cold dark winters there is only a small opportunity to plant, hunt and gather. One must be aware, prepared and ready for each change knowing that change is natural.

One of our travelling group asked me, 'Sylvia why is it that we have lost connection to our soul?' ... A feather could have knocked me off my chair, only a few hours before, this woman was a stranger to me and now she was asking me about soul connection! She recognised that the first nations people and people who connect and learn lessons from the earth, had a soul connection. After a brief explanation she was keen to learn more of our Mastery programs where people learn how to reconnect to their knowledge and in reconnecting to our knowledge we connect to our power. No more wondering about your purpose or reason-to be. No more questions as to what to do. You will just-know.

From the land of the midnight sun, I carry new learning and lessons. And look forward to sharing skills with you so that you will discover even more knowing that is locked away in your ancient knowing. Deeper and deeper you will learn to understand that knowledge is power and a lack of knowledge is a lack of power. As we gain more knowledge, and this adventure to the Arctic has added a new dimension of understanding for me.

Reset your 'Souls Compass'! Come, at our next seven day Mastery Retreat.

Copyright ©2011 Sylvia Marina

Speaker | Author | Mentor

Tel: +618 (08) 9457 3763 | E: info@sylviamarina.com | www.sylviamarina.com

The contents of this article may be copied, reproduced or freely distributed without the consent of the author provided the author's name, copyright notice and contact information are included.

Sylvia Marina resides in Western Australia. When you are ready to have a program in your business or community contact her for available dates. Often she can add your event to a conference where she is booked to speak or some other event she is attending. This means her travel costs are shared with more than one event! <http://www.sylviamarina.com/calendar>